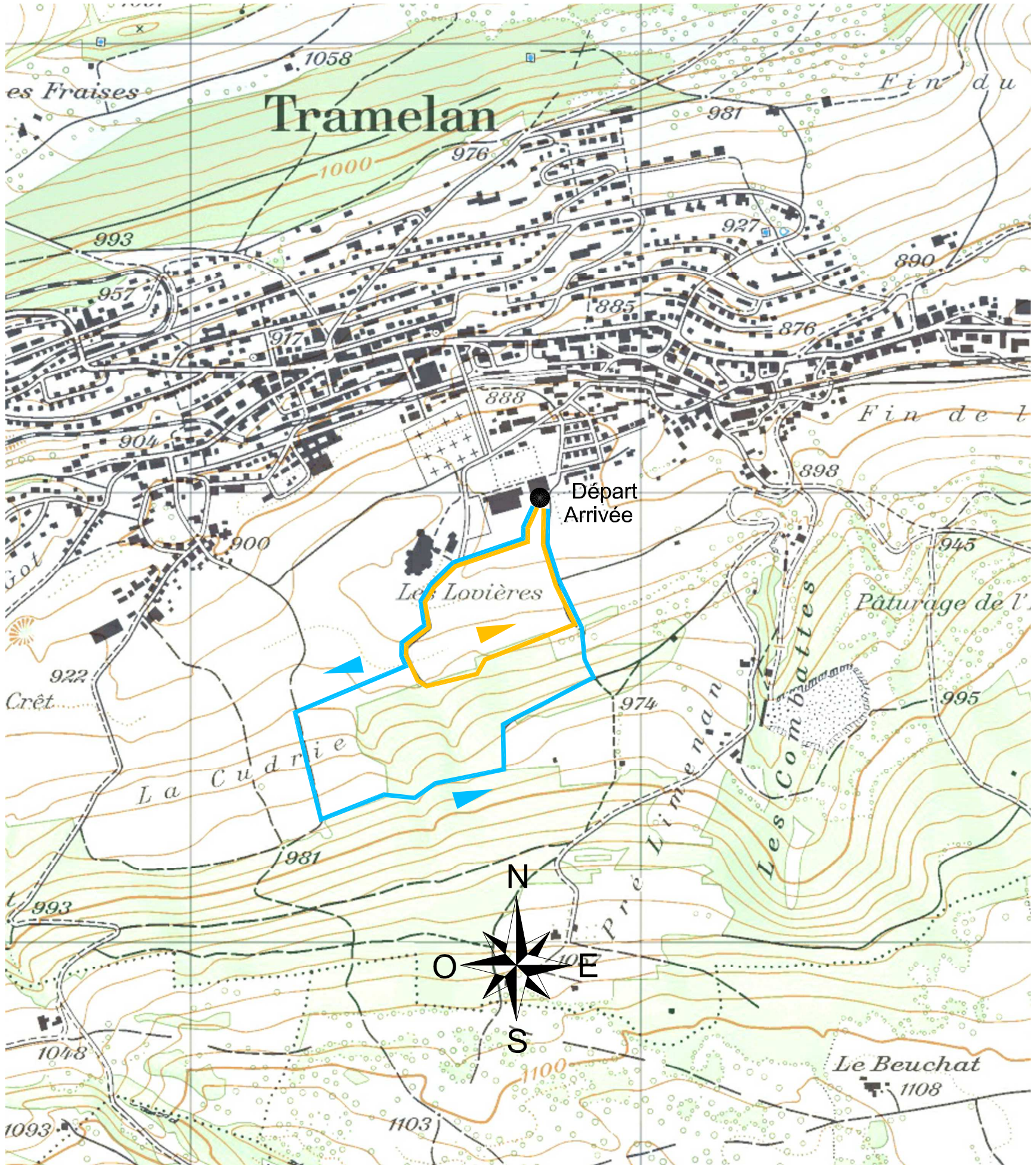




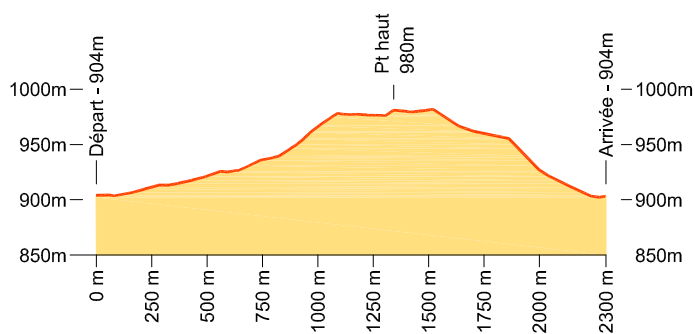
2 x bleu  
 3 x orange  
 2 x orange  
 circuit sur route

4.60 km  
 3.75 km  
 2.50 km

Rock  
 Cross  
 Soft  
 Poussins



**Rock**  
 dénivelée par tours = 94m



**Cross + Soft**  
 dénivelée par tours = 33m

